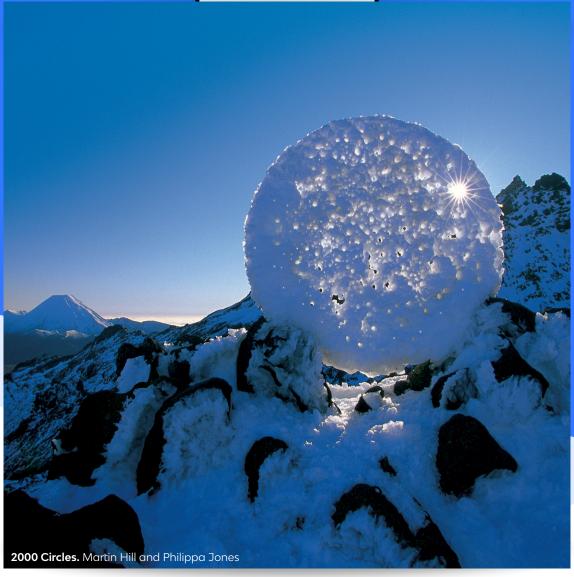


# MAGNETIC MONLENTS







## Plus Wonder is an exploration of meaningful connections of all types—



#### Who are the people who make you, you?

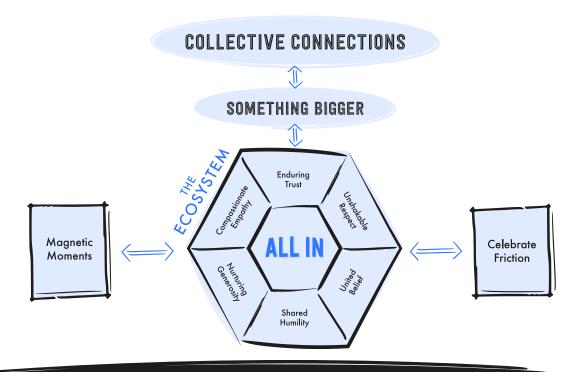
We've listened to and learned from over 60 partnerships of purpose, and distilled their collective wisdom into a set of insights and tools to help you build depth and purpose in your relationships.

We've also explored some of the greatest collective human achievements, and the deep connections at their core, to help you scale collaborations and organizations that will make a difference.

#### **Explore the Six Degrees of Connection**

We've spent the last 15 years listening to and learning from successful partnerships and collectives of all types. These unique relationships are special because they've helped each individual make a bigger difference in the world than they could on their own.

We found six essential elements across all sizes of partnerships—from dyads, to collectives, to movements—and across all types of partnerships—whether business, romantic, family or friends.



#### SIX DEGREES OF CONNECTION™ FRAMEWORK FOR DEEP CONNECTIONS

The Six Degrees of Connection is a powerful and unique framework designed to help you nurture meaningful relationships of purpose that lead to better lives, better organizations, and a better world.





**Something Bigger** 



The Ecosystem



**Celebrate Friction** 



All-in



**Magnetic Moments** 



**Collective Connections** 

The secret to building and nurturing Deep Connections lies in a holistic approach. Download workbooks for each degree at **pluswonder.org/educators**, and become a Plus Wonder Explorer!



## Let's get started

We have developed multiple curricula that can be applied in high school, college, and beyond. The same curricula can be used by parents, romantic partners, colleagues, and friends alike.

#### The Explorer Curriculum offers resources to help you:

**Identify and recognize** partnering as a personal and communal asset.

Research partnering through a diverse array of national and international partnerships.

**Brainstorm actions** to address partnering in your life or community.

Whether you're in a professional community, a classroom, or at home with family, you can delve into the Explorer Curriculum in many ways. We recommend you...

#### **Partner-up**

Ask a partner to join you in introducing the Explorer Curriculum together. Share a partnership story of your own to set the tone. Ask your group to discuss the term "partnering," to define what it looks like in your community, and to share relevant examples.

#### Kick off with a quote

Initiate each session by sharing a different empowering quote from our quote cards, which represent the extraordinary partnerships of Plus Wonder. Kick off each day discussing, learning, and growing from our 1,500+ years of partnership wisdom.

#### Create connection circles

Dive deeper by forming connection circles informal gatherings where your learning community joins together to listen attentively and discuss thoughtful questions. Use our connection circle guide to facilitate questions and further explore the Six Degrees of Connection.

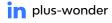
#### Develop a signature ritual

Many of our partners develop rituals that are personal and allow their partnerships to grow. Develop your own partnership ritual by creating a special environment, setting an intention, or simply bringing presence and deep appreciation to your time together.

#### **Extend your reach**

Consider how you can continue to partner outside of your learning community. Share the book **Partnering** with a friend, and use this workbook as a guide to foster Deep Connections. Review and share the Plus Wonder vision and resources at **pluswonder.org** under the **Educators page**. Follow Plus Wonder on social media.









pluswonderYT





# Keep connected and strengthen your ecosystem

through intentional moments that

keep curiosity and wonder alive,

create space for honest conversations,

spark unlimited joy,

and build a wider supportive community.

Magnetic Moments are intentional experiences that allow for people to simply be present together. Keep curiosity and wonder alive by listening to and learning from each other and the wider world. Get into flow where honest conversations and unlimited joy flourish. There will be moments when you are unsettled, as you work through something difficult together.



None of the partnerships we explored took themselves too seriously.

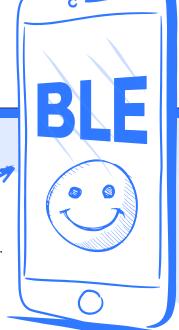
But they did take joy and laughter seriously and wove it into their daily practices. Partners Mick and Caskey Ebeling of The Not Impossible Foundation created their own ritual vocabulary, using phrases such as BLE or "Best Life Ever" to remind themselves to live in adventure and pause to remember their good fortune.

To ensure they are living BLE, they go on a date night every Thursday, a "touchdown" ritual that keeps them connected amid the chaos of work and raising three children.

Think of an activity, a ritual, or a simple moment that **deepened a connection** and increased a shared understanding between you and another.

Consider an **acronym that resonates**between you and a Deep Connection. Get
creative and reflect on a few ideas to share.

Text the acronym and meaning ascribed to your Deep Connection and ask them to do the same back.





Complete and share this madlib with your Deep Connection to explore and honor your Magnetic Moment.

Hello,	
, , , , , , , , , , , , , , , , , , , ,	
it's	
I was thinking of you	just now.
You may not have even realized you did something powerful for me when But you did. Our connection	
grew in this magnetic moment that brought us closer together.	
It helped me see	, which brought
me joy, curiosity, and wonder. I mean, it was huge. And it's all because	
of you. It's all because of that single moment in time we shared.	
So, I'm writing to thank you for giving me the gift of a moment in time—and mostly for keeping our connection no matter what comes our way.	•
Well, that's it, for now. Signing off, with love.	

EXPLORER CURRICULUM 7 MAGNETIC MOMENTS

Try your hand at creating a **vocabulary of joy** with another Deep Connection.

Together, brainstorm phrases, words, or acronyms that will act as a light-hearted reminder that you are each other's source of unlimited joy.

Share one of your favorite ideas on social media using the hashtags <u>#PartneringTheBook</u> <u>#PlusWonder</u>

EXPLORER CURRICULUM 8 MAGNETIC MOMENTS