



### **Plus Wonder** is an exploration of meaningful connections of all types.

# Who are the people who make you, you?

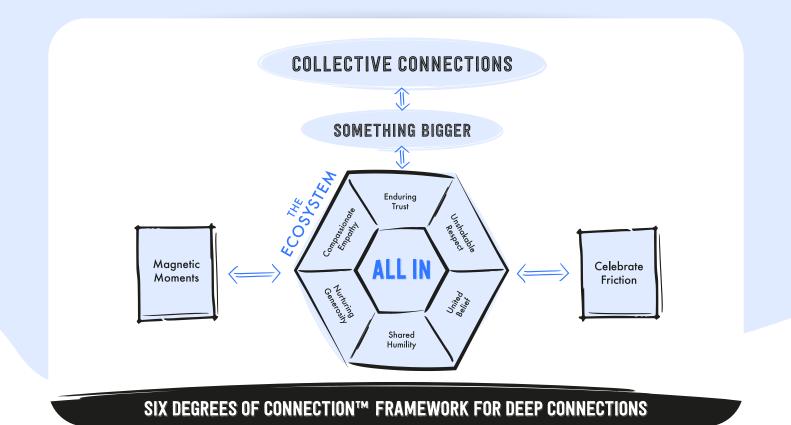
We've listened to and learned from over 65+ partnerships of purpose, and distilled their collective wisdom into a set of insights and tools to help you build depth and purpose in your relationships.

We've also explored some of the greatest collective human achievements, and the Deep Connections at their core, to help you scale collaborations and organizations that will make a difference.

#### Explore the Six Degrees of Connection

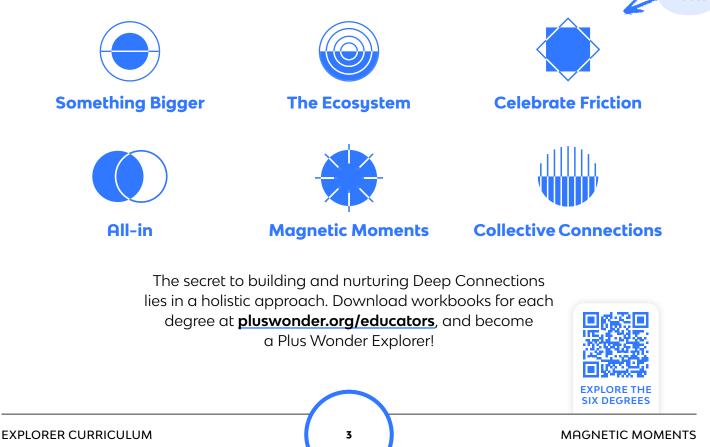
We've spent the last 18 years listening to and learning from successful partnerships and collectives of all types. These unique relationships are special because they've helped each individual make a bigger difference in the world than they could on their own.

We found six essential elements across all sizes of partnerships—from dyads, to collectives, to movements—and across all types of partnerships whether business, romantic, family, or friends.



#### The Six Degrees of Connection is a powerful and unique framework designed to help you nurture meaningful relationships of purpose that lead to better lives, better organizations, and a better world.

Click on icons for videos



## Let's get started

We have developed multiple workbooks that can be applied in middle school, high school, college, and beyond. The same workbooks can be used by parents, romantic partners, colleagues, businesses, friends, collaborations, basically anyone who wants to do something bigger in their life.

#### The Explorer Curriculum helps you:

Identify and recognize how you can build Deep Connections in your own life.

**Explore partnering** through the wisdom of a diverse array of local and global partnerships, who have built successful relationships of purpose.

Brainstorm actions to nurture partnerships in your life and community.

Whether you're in a **professional community**, **a classroom**, **or at home with family**, you can delve into the Explorer Curriculum in many ways. We recommend you...

#### **Partner-up**

Ask a partner to join you in introducing the Explorer Curriculum together. Share a partnership story of your own to set the tone. Ask your group to discuss the term "partnering," to define what it looks like in your community, and to share relevant examples.

#### Kick off with a quote

Initiate each session by sharing a different empowering quote from our **quote cards**, which represent the extraordinary partnerships of Plus Wonder. Kick off each day discussing, learning, and growing from our 1,500+ years of partnership wisdom.

#### **Create connection circles**

Dive deeper by forming connection circles informal gatherings where your learning community joins together to listen attentively and discuss thoughtful questions. Use our **connection circle guide** to facilitate questions and further explore the Six Degrees of Connection.

#### **Develop a signature ritual**

Many of our partners develop rituals that are personal and allow their partnerships to grow. Develop your own partnership ritual by creating a special environment, setting an intention, or simply bringing presence and deep appreciation to your time together.

#### **Extend your reach**

Consider how you can continue to partner outside of your learning community. Share the book *Partnering* with a friend, and use this workbook as a guide to foster Deep Connections. Review and share the Plus Wonder vision and resources at *pluswonder.org* under the *Educators page*. Follow Plus Wonder on social media.





# Keep connected and strengthen your ecosystem

through intentional moments that keep curiosity and wonder alive,

create space for honest conversations, **spark unlimited joy,** and build a wider supportive community.

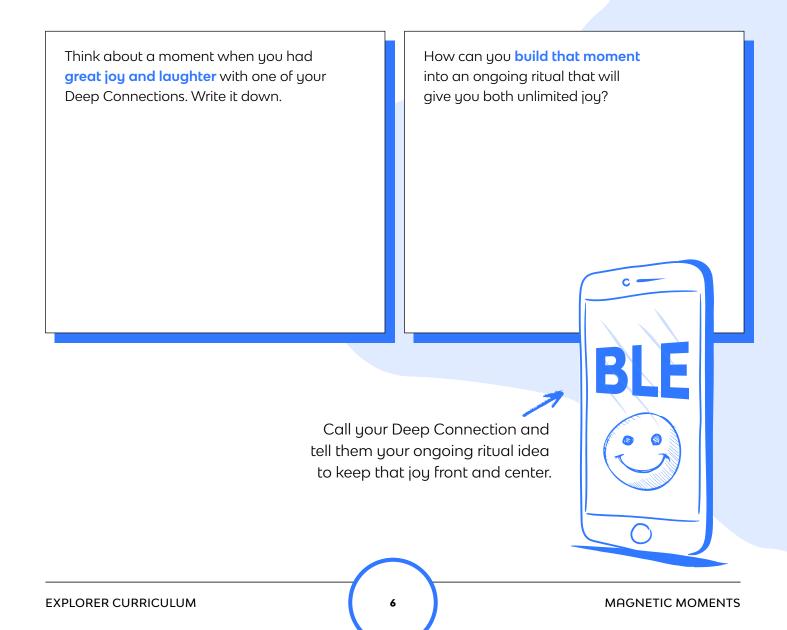
> Magnetic Moments are intentional experiences that allow for people to simply be present together. Keep curiosity and wonder alive by listening to and learning from each other and the wider world. Get into flow where honest conversations and unlimited joy flourish. There will be moments when you are unsettled, as you work through something difficult together.



None of the partnerships we explored took themselves too seriously.

But they did take joy and laughter seriously and wove it into their daily practices. Partners Mick and Caskey Ebeling of The Not Impossible Foundation created their own ritual vocabulary, using phrases such as BLE or "Best Life Ever" to remind themselves to live in adventure and pause to remember their good fortune.

To ensure they are living BLE, they go on a date night every Thursday, a "touchdown" ritual that keeps them connected amid the chaos of work and raising three children.





Complete and share this madlib with your Deep Connection to explore and honor your Magnetic Moment.

Hello,\_\_\_\_\_ it's I was thinking of you just now. You may not have even realized you did something powerful for me when \_\_\_\_\_. But you did. Our connection grew in this magnetic moment that brought us closer together. It helped me see \_\_\_\_\_\_, which brought me joy, curiosity, and wonder. I mean, it was huge. And it's all because of you. It's all because of that single moment in time we shared. So, I'm writing to thank you for giving me the gift of a magical moment in time-and mostly for keeping our connection strong no matter what comes our way. Well, that's it, for now. Signing off, with love.

EXPLORER CURRICULUM



Magnetic Moments come in all kinds of forms. Partners Jo Confino and Paz Perlman are incredibly busy people who know that honest communication keeps a partnership strong. To stay present and vulnerable with each other, they've set up a ritual called **"Friday Talk"**, when they each share positive things that happened that week, voice any regrets, and raise any concerns... all with an open heart and no accusations.

Develop with a partner your own version of Friday Talk. Be sure to put deep listening at the heart of the ritual. Jot down those ideas here.

Share one of your favorite ideas on social media using the hashtags <u>#PartneringTheBook</u> <u>#PlusWonder</u>

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