



### **Plus Wonder** is an exploration of meaningful connections of all types.

# Who are the people who make you, you?

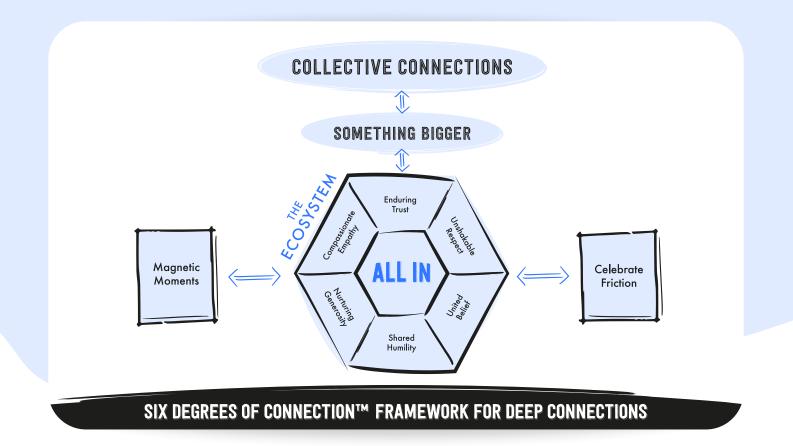
We've listened to and learned from over 65+ partnerships of purpose, and distilled their collective wisdom into a set of insights and tools to help you build depth and purpose in your relationships.

We've also explored some of the greatest collective human achievements, and the Deep Connections at their core, to help you scale collaborations and organizations that will make a difference.

### Explore the Six Degrees of Connection

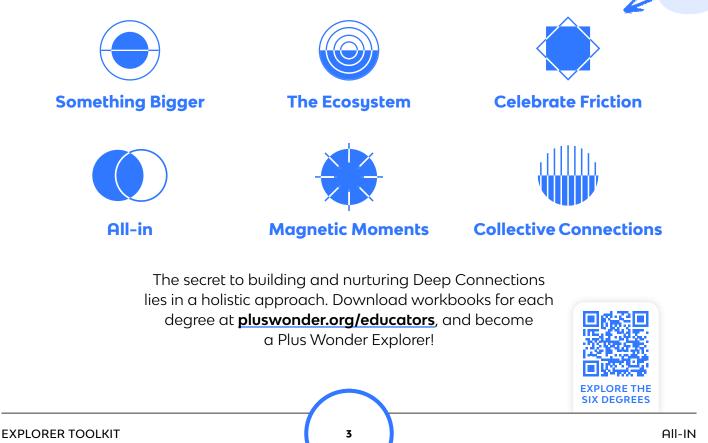
We've spent the last 18 years listening to and learning from successful partnerships and collectives of all types. These unique relationships are special because they've helped each individual make a bigger difference in the world than they could on their own.

We found six essential elements across all sizes of partnerships—from dyads, to collectives, to movements—and across all types of partnerships whether business, romantic, family, or friends.



The Six Degrees of Connection is a powerful and unique framework designed to help you nurture meaningful relationships of purpose that lead to better lives, better organizations, and a better world.

Click on icons for videos



## Let's get started

We have developed multiple workbooks that can be applied in middle school, high school, college, and beyond. The same workbooks can be used by parents, romantic partners, colleagues, businesses, friends, collaborations, basically anyone who wants to do something bigger in their life.

#### The Explorer Toolkit helps you:

Identify and recognize how you can build Deep Connections in your own life.

**Explore partnering** through the wisdom of a diverse array of local and global partnerships, who have built successful relationships of purpose.

Brainstorm actions to nurture partnerships in your life and community.

Whether you're in a **professional community**, **a classroom**, **or at home with family**, you can delve into the Explorer Toolkit in many ways. We recommend you...

#### **Partner-up**

Ask a partner to join you in introducing the Explorer Toolkit together. Share a partnership story of your own to set the tone. Ask your group to discuss the term "partnering," to define what it looks like in your community, and to share relevant examples.

#### **Kick off with a quote**

Initiate each session by sharing a different empowering quote from our **quote cards**, which represent the extraordinary partnerships of Plus Wonder. Kick off each day discussing, learning, and growing from our 1,500+ years of partnership wisdom.

#### **Create connection circles**

Dive deeper by forming connection circles informal gatherings where your learning community joins together to listen attentively and discuss thoughtful questions. Use our **connection circle guide** to facilitate questions and further explore the Six Degrees of Connection.

#### **Develop a signature ritual**

Many of our partners develop rituals that are personal and allow their partnerships to grow. Develop your own partnership ritual by creating a special environment, setting an intention, or simply bringing presence and deep appreciation to your time together.

#### **Extend your reach**

Consider how you can continue to partner outside of your learning community. Share the book *Partnering* with a friend, and use this workbook as a guide to foster Deep Connections. Review and share the Plus Wonder vision and resources at *pluswonder.org* under the *Educators page*. Follow Plus Wonder on social media.

💥 @pluswonder in plus-wonder 💽 pluswonderYT 🕇 pluswonder

All-IN



# Feel safe in the relationship and know you 100% have each other's back for the long run.

This gives you the freedom and confidence to do Something Bigger.

Our partnership wisdom shows that when you make a commitment in a real way, it will set you free. Being All-In with your partners and finding freedom through commitment is not easy work—in fact, it is counterintuitive as we often think we must sacrifice our freedom when we commit to another. Yet our partners continue to find their wings when given the deep support, strength, and space within their relationships to soar to the best version of themselves.



Find a picture on your camera roll that reminds you of a partner who provides you Unconditional Support.

How does their support make you feel and help you take risks in the world?

Send the picture with a text to thank them for being All-In and making your life that much larger. That partner's name is

EXPLORER TOOLKIT



Sometimes one simple question can create a profound mindset shift. Consciously ask yourself,



and allow the truth to carry you toward positive action.

Consider how you define "loving enough." What actions demonstrate your **love towards others** and commitment to being All-In?

EXPLORER TOOLKIT



Spark a **meaningful conversation** with one of your Deep Connections by asking one another, "Am I loving enough?" Explore more depth and candor by sharing what you've learned about one another.

Who did you speak with?

What did you learn about yourself?

Share an action that demonstrates your love toward others and your commitment to being All-In on social using the hashtags <u>#PartneringTheBook</u> <u>#PlusWonder</u>